

Guidance and Counselling

Paper 6.04 | Education (Major)

Dr. Bandana Baishya

Dept. of Education, S.B. Deorah College

CONCEPT OF GUIDANCE

(Chapter from Unit 1)

- Meaning
- Characteristics
- Scope

INTRODUCTION

The need for the guidance and counselling in modern education has been widely accepted in developed societies. In a developing country like India where the problem of poverty is still acute and requires sustained efforts in utilizing the limited resources there is a great need for guidance and counseling.

CONCEPT OF GUIDANCE

“To guide means to indicate, to point out, to show the way. It means more than to assist” - Jones

- Guidance is a process through which an individual is able to solve his problems and pursue a path suited to his abilities and aspirations.
- It is a continuous process of helping the individual develop to the maximum of his capacity in the direction most beneficial to himself and to society.

- It involves creating an awareness of strength and potentiality of an individual for overcoming problems.
- It aims at making the individual self directing, self accepting and self understanding.

Thus, guidance is a continuous and dynamic process. With the help of guidance an individual can understand his/her potential and thereby focus his/her abilities in the right direction, meaningful to achieve the desired goals.

DEFINITIONS OF GUIDANCE

“Guidance is a process of helping every individual, through his own efforts, to discover and develop his potentialities for his personal happiness and social usefulness”- Ruth Strang

“Guidance is assistance made available by competent counsellors to an individual of any age to help him direct his life, develop his own point of view, make his own decisions and carry his own burdens” - Crow and Crow

(Continued....)

Thus, we can conclude that guidance is a systematic and organized phase of the educational process which helps youth to grow in his potentials, give direction to his own life so that he may gain rich personal experiences while making his own unique contribution to the society.

CHARACTERISTICS /NATURE OF GUIDANCE

- Guidance is a process - It provides direction to enable an individual to recognize his inner resources.
- Guidance is a continuous and life long process in all spheres of life.
- Guidance is individual centered -It encourages the human capacity for self- development.
- It assists the individual in the process of development rather than the direction of the development.

(Continued....)

- It is a purposive process in making choices for adjustment and solving problems
- It is both generalized and specialized service.
- Guidance is a Complex process.
- Guidance is Universal.

SCOPE OF GUIDANCE

Guidance is concerned with the maximum development of the individual to make his own decisions. The scope of guidance is vast as it has a broader meaning and wider connotation. It implies comprehensiveness and variety of helping an individual to solve his problems. So the scope covers functionally all aspects of life.

The Kothari Commission also mentioned about the wider scope of guidance.

SCOPE OF GUIDANCE COVERS

- Educational guidance -assist students to acquire knowledge, attitude, strategies and skills to develop appropriate educational plans for themselves. It is strictly concerned with the success of pupil's educational carrier.
- Vocational guidance - assist to plan and choose a better career and to solve vocational problems.
- Personal guidance - aims to help the individual in his/her physical, emotional, social, moral and spiritual development. It is necessary at all stages of life.

- Health guidance - aims to create awareness necessary to lead a life with physical, mental and social well being.
- Avocational guidance - it helps the child to judiciously utilize the leisure time. Students need proper guidance to participate in various avocational pursuits to shape their interpersonal behavior in desirable direction.
- Social guidance - aims at helping the individual to acquaint with different socio -cultural environment through socialization process.
- Moral guidance - necessary to inculcate moral values to live with peace and harmony.

- Counselling - The purpose of counseling is to help individuals to achieve their personal goals, and gain greater insight into their lives. It is about fostering the strengths of others and facilitating the next step of growth.

Moreover , the scope of guidance also covers:

- Group guidance service,
- Placement service,
- Follow-up-service etc.

THE END